ABCA 2027 Convention: Strength & Conditioning Track

January 7-10, 2027 | 7 sessions tagged Strength & Conditioning (primary or secondary), plus its Hot Stove panel.

Day	Time	Track	Presenter	Session Title	Primary Category	Attendee
Thursday	13:15	Expo Theater	1st Phorm	Trust What Fuels Them: Supplement Education and the Performance Edge	Strength & Conditioning	
Friday	10:20	Main Stage	Logan Barrett, Strength & Conditioning Coach	Integrated Baseball Development: A Strength & Conditioning Framework for Exit Velocity, Baserunning, and Throwing Performance	Strength & Conditioning	
Saturday	8:30	Youth Coaches Session	Mike Hennessey, Charlotte Country Day (NC)	Building Bulletproof Arms: Proper Throwing Mechanics and Purposeful Drill Design for Young Pitchers	Pitching	
Saturday	9:10	Youth Coaches Session	Dr. Ismael Gallo, Baseball Flows	Build the Athlete First: Developing Movement Capacity in Youth Baseball Players	Strength & Conditioning	
Saturday	10:30	Main Stage	Matt Hobbs, University of Arkansas; Hunter Bell, University of Arkansas	How Pitching Coaches and Strength Coaches Co-Author Pitching Development	Pitching	
Saturday	10:45	Expo Theater	Velo University	The Movement Dysfunctions That Could Be Creating Velocity: How to Train Them Without Training Them Away	Strength & Conditioning	
Saturday	19:00	Hot Stove Panel	Strength & Conditioning	Panelists: Dr. James Oñate, University of Pittsburgh; Dr. Ismael Gallo, Baseball Flows; Tom Marker, Olentangy Orange High School	Strength & Conditioning	